Program
Thursday 28 March 2019

Registration Open
7:30AM - 5:30PM Ballroom Foyer

Official Opening
8:45AM - 9:00AM Grand Ballroom
Chair: Bogda Koczvara
Welcome to Country
Official Opening by Helen Zorbas

A pacifist's guide to starting a survivorship revolution
9:00AM - 10:30AM Grand Ballroom
Chairs: Bogda Koczvara & Murray McLachlan

9:00 AM Yousuf Zafar
First do no (financial) harm abs# 1

9:20 AM Julie McCrossin
What do consumers want from a survivorship revolution? abs# 2

9:35 AM Ben Bravery
Cancer survivorship through the lenses of a doctor and consumer – respect, teamwork and connection abs# 3

9:50 AM Panel discussion - A pacifist's guide to starting a revolution

10:20 AM Release of the COSA PRO Think Tank report

Morning Tea & Poster Viewing (Poster Session 1)
10:30AM - 11:00AM Exhibition Area

Financial toxicity
11:00AM - 12:00PM Grand Ballroom
Chairs: Christine Paul & Lee Hunt
11:00 AM **Sanchia Aranda**  
The Australian and international perspectives on financial toxicity abs# 4

11:15 AM **Yousuf Zafar**  
The path to affordable cancer care abs# 5

11:35 AM **Deme Karikios**  
Cost of anticancer drugs abs# 6

11:50 AM **Louisa G Gordon**  
Patient out-of-pocket medical expenses over two years among Queenslanders with and without a major cancer abs# 7

*The conference acknowledges the sponsorship of*

**The Best of the Best Survivorship Abstracts: Session 1**

12:00PM - 12:30PM  
Grand Ballroom  
Chair: David Joske

12:00 PM **Leisa Leon**  
The Clinical Placement Program in Cancer Survivorship: improving provider knowledge and confidence to deliver survivorship care abs# 8

12:10 PM **Carolyn G Mazariego**  
Prostate cancer survivorship: examining long-term self-reported quality of life and unmet supportive care needs in the second post-treatment decade abs# 9

12:20 PM **Janette Vardy**  
Health Concerns of cancer survivors after primary anti-cancer treatment abs# 10

**Lunch & Poster Viewing (Poster Session 1)**

12:30PM - 1:30PM  
Exhibition Area

**What’s app doc? Life in the digital world**

1:30PM - 2:30PM  
Grand Ballroom  
Chairs: Ben Bravery & Phyllis Butow

1:30 PM **Ben Bravery**  
Introduction to the digital world from a cancer patient perspective abs# 11

1:40 PM **Rodney Ecclestone**  
My Health Record abs# 12

2:00 PM **Bogda Koczwara**  
Development of a Strategic Framework for Digital Health in Cancer Care abs# 13
Healthy Living after Cancer+Text: A text message-delivered, extended contact intervention targeting healthy weight, diet and physical activity behaviour abs# 14

Carers and families: perspectives from the front line

2:30 PM - 3:30PM
Chairs: Chris Christensen & Shirley Baxter

2:30 PM  Shirley Baxter - Introduction

2:35 PM  Ben Britton
What research tells us about carers and families of people diagnosed with cancer abs# 15

2:45 PM  Panel discussion chaired by Chris Christensen
Panel: Ben Britton, Sana Qadar, Gail O’Brien, Tania Rice-Brady and Lesley Shears

Afternoon Tea & Poster Viewing (Poster Session 1)
3:30PM - 4:00PM

The Best of the Best Survivorship Abstracts: Session 2

4:00 PM - 4:30PM
Chair: David Joske

4:00 PM  Rebekah Laidsaar-Powell
A qualitative meta-review of psychosocial cancer survivorship research: Areas of density and paucity abs# 18

4:10 PM  Chloe Yi Shing Lim
Cancer-related cognitive impairment: a comprehensive evaluation of a standard patient factsheet abs# 19

4:20 PM  Sim Yee (Cindy) Tan
Using Patient Reported Outcome Measures (PROMs) as routine in the Survivorship Clinic abs# 20

Moving + Making – integrating physical activity and creative interests that can benefit an individual’s lifestyle before, during + after treatment

4:30PM - 5:30PM
Chair: Judith Lacey
4:30 PM Jane Turner
Something for the body – Beyond the gym: Tailoring the exercise prescription to people who don’t wear lycra abs# 16

4:40 PM Arterie – An arts + health hospital based program using the creative, visual and performing arts to engage, educate and enhance the clinical experience + environment

Welcome Reception & Dinner
5:30PM - 7:30PM Exhibition Area

Program
Friday 29 March 2019

Registration Open
8:30AM - 4:00PM Ballroom Foyer

Ashleigh Moore Award Oration
9:00AM - 9:30AM Grand Ballroom
Chair: Bogda Koczwara
Recipient oration by Richard Cohn

The 3Cs of Life: how Cancer, Cardiovascular Disease and Co-morbidity collide
9:30AM - 11:00AM Grand Ballroom
Chairs: Geoff Delaney & Elysia Thornton-Benko

9:30 AM Eng-Siew Koh
What about my heart health Doctor?? Understanding the broad aetiology and spectrum of cardiovascular disease in cancer survivors abs# 17

9:45 AM Tom Marwick
Cardio-oncology – an emerging field abs# 21

10:05 AM Emily Banks
Big Data approaches to cancer and cardiovascular health abs# 22
Cardiovascular fitness and physical activity in childhood survivors of cancer, potential role for exercise physiology services abs# 23

The conference acknowledges the sponsorship of

Panel Discussion – Eng-Siew Koh, Thomas Marwick, Emily Banks, Lee Hunt and Elysia Thornton-Benko

Morning Tea & Poster Viewing (Poster Session 2)
11:00AM - 11:30AM  
Exhibition Area

Oh Lord, please don’t let me be misunderstood! Language and cultural considerations in survivorship

11:30AM - 12:30PM  
Grand Ballroom
Chairs: Afaf Girgis & Thit Tieu

11:30 AM Alex Broom
The significance of culture and language within the pursuit of person-centred care in oncology abs# 24

11:45 AM Thit Tieu
How we navigate the health system: A personal perspective (of a patient or caregiver) abs# 25

12:00 PM Bettina Meiser
Training our health care professionals to communicate more effectively with migrants abs# 26

Panel discussion – Alex Broom, Thit Tieu and Bettina Meiser

Lunch & Poster Viewing (Poster Session 2)
12:30PM - 1:30PM  
Exhibition Area

Love and other things: Managing sexpectations after cancer

1:30PM - 3:00PM  
Grand Ballroom
Chairs: Haryana Dhillon & Sam Patterson

1:30 PM Victoria Cullen
Kinky stuff: where to get useful information & resources abs# 27
1:45 PM Ilona Juraskova
Rekindling sexual communication: what we learnt from the Rekindle project abs# 28

2:00 PM Janette Perz
Inclusion in cancer survivorship care: addressing the sexual concerns of LGBTIQ cancer survivors abs# 29

2:15 PM Katharine Hodgkinson and Jessica Medd
Sex talk: facilitating communication about desire in couples and singles after cancer abs# 30

Panel discussion – Victoria Cullen, Ilona Juraskova, Janette Perz, Katherine Hodgkinson, Jessica Medd and Sam Patterson

Afternoon Tea & Poster Viewing (Poster Session 2)
3:00PM - 3:30PM Exhibition Area

Communication matters: conquering stigma, marginalisation and fear
3:30PM - 4:45PM Grand Ballroom
Chairs: Ray Chan & Lillian Leigh

3:30 PM Carla Thamm
Overcoming stigma can enhance communication with head and neck cancer survivors? abs# 31

3:45 PM Micah Peters
Principles for good communications with LGBT patients with cancer abs# 32

4:00 PM Ursula Sansom-Daly
Strategies for effective communication in caring for children with cancer abs# 33

Panel discussion – Carla Thamm, Micah Peters, Ursula Sanson-Daly, Lillian Leigh

Closing remarks, conference reflections, next steps
4:45PM - 5:00PM Grand Ballroom
Chair: Bogda Koczwara
Anupriya Agarwal
Effects of cancer treatment on household income and employment status – A prospective single centre study abs# 100

Georgina Akers
The impact of a state-wide Survivorship Program: Outcomes of the first two years of the Phase II Victorian Cancer Survivorship Program. abs# 101

Michael Back
Reflecting on survivorship outcomes to aid initial decision-making in patients managed for IDH-mutated anaplastic glioma abs# 103

Julia Baenziger
“I grew the confidence”: The doctor-patient communication experience for parents of children with cancer abs# 104

Sue Baker
CanCare - Using volunteers to build a support network for a person with cancer from diagnosis to survivorship abs# 105

Vanessa Beesley
The hidden burden of anxiety and depression in ovarian cancer: a prospective study from diagnosis abs# 106

Vanessa Beesley
When Will I Feel Normal Again? Exploring the Trajectories and Predictors of Delayed Recovery of Symptoms and Wellbeing after Completion of Primary Therapy for Ovarian Cancer. abs# 107

Tammy Boatman
Engaging sedentary women with cancer to participate in a group exercise program – what helped? abs# 108

Jenni Bruce
Do podcasts work for cancer information and support? Evaluating the impact of The Thing About Cancer podcast series abs# 112

Raymond Chan
RESPONSE: Adaption and validation of a Patient Reported Outcome Measure for Australian Children and Adolescents with Cancer abs# 110

Julie Campbell
Embedding survivorship care into a regional cancer service. Getting from pilot to standard practice abs# 113
Bena Cartmill
Do cancer clinicians identify the health service needs of patients and their families? abs# 114

Bena Cartmill
What factors contribute to distress in carers of patients undergoing radiotherapy for head and neck cancer? abs# 115

Sarah Wing-yu Chan
What do cancer survivors need and want? The voices of cancer survivors in Hong Kong abs# 116

Dongqing Chen
FSTL3 release occurs synchronously with onset of doxorubicin-induced cardiotoxicity in an isolated myocardial cell model abs# 117

Chris Christensen
Evolution and Revolution: 10 Years of Cancer Advocacy and Counting abs# 118

Nadia Corsini
Testing the feasibility to routinely collect Patient Reported Outcomes post breast cancer surgery via BreastSurgANZ Quality Audit abs# 119

Belle H de Rooij
Patients’ information coping style influences the benefit of a survivorship care plan in the ROGY Care Trial: new insights for tailored delivery abs# 120

Ali Dulfikar
Can an individualised exercise program assist in maintenance of HRQOL in low and high grade glioma patients undergoing post-operative chemo-radiotherapy? abs# 121

Kate Falconer
Why Wait for Wellness - The evolution of a multidisciplinary approach to cancer prehabilitation abs# 145

Kurt Fittler
Surviving and Thriving: The Active Survivor Exercise Program at Macarthur Cancer Therapy Centre abs# 124

Kathy Flitcroft
The impact of lack of choice of breast reconstruction options following mastectomy for breast cancer on Australian women’s quality of life. abs# 125

Paul Glare
Cancer survivors with pain have similar unhelpful thoughts and beliefs to other chronic pain patients. abs# 126

Helen Gooden
Survivors Teaching Students: Saving Women’s Lives® (STS)- an ovarian cancer survivors learning initiative for health professional students. abs# 127

Sharon He
Cancer Clinicians’ understanding of cancer-related cognitive impairment and whether a fact sheet can drive practice change: a qualitative exploration abs# 130
Roslyn Henney
Have your say with ARCHWAY! Recruitment strategies in adolescent and young adult cancer survivors abs# 109

Karen Hennings
Cancer Survivorship - Introducing key concepts and access to resource availability. A review of education provided to community generalist nurses. abs# 131

Beth Ivimey
Centralised specialist cancer survivorship assessment clinic (cisco) for patients with early breast cancer or dcis abs# 132

Ilona Juraskova
The Type and Timing of Breast Reconstruction after Mastectomy: Qualitative Insights into Women’s Decision-Making abs# 128

Ilona Juraskova
Psychosocial and Decisional outcomes Following Breast Reconstruction after Mastectomy: the Role of Body Image Attitudes abs# 129

Emma Kemp
Digital Health and Disparities in Cancer Care: Opportunities for digital inclusion abs# 135

Emma Kemp
Development of a Strategic Framework for Digital Health in Cancer Care: Stakeholder-identified barriers, enablers and needs for implementation. abs# 136

Christina Kozul
Identification of breast cancer survivors’ side effects and supportive care needs abs# 137

Rebekah Laidsaar-Powell
A review of interventions and online resources to improve carer involvement in medical consultations and decision-making abs# 133

Rebekah Laidsaar-Powell
Strategies to promote effective clinician engagement with cancer carers: The TRIO Guidelines abs# 138

Dianne Legge
Building the bridge to brain cancer survivorship: a work in progress. abs# 139

Janelle Levesque
Cancer-related challenges, unmet needs and emotional distress in men caring or women with breast cancer: The influence of self-efficacy abs# 140

Karolina Lisy
Evaluation of a survivorship care plan database abs# 141

Karolina Lisy
Recommendations for implementing and delivering shared survivorship care: a systematic review abs# 142
Rachael Morton
Cost-effectiveness of a psycho-educational intervention targeting fear of cancer recurrence in melanoma survivors abs# 143

Rachael Morton
Radiation risk from computed tomography surveillance imaging in Stage III melanoma survivors: a simulation modelling study abs# 144

Amanda Piper
Connecting to wellness: Telehealth as an enabler for regional cancer survivorship supportive care abs# 102

Kyleigh Smith
Upskilling the primary care workforce in cancer survivorship abs# 122

Christina Signorelli
E-health tools for childhood cancer survivorship care management: A qualitative analysis of interviews with survivors, parents and General Practitioners. abs# 111

Christina Signorelli
Parent and child quality of life in long term survivorship abs# 123

Christina Signorelli
Pain, fatigue, information needs, and fear of cancer recurrence among adult survivors of childhood cancer abs# 134

Julie Symons
Pathways for older people in a rural hospital’s cancer rehabilitation and survivorship service abs# 146

Poster Session 2 – Friday 29 March

Eva Battaglini
Exercise as medicine for cancer survivors with chemotherapy-induced peripheral neuropathy (CIPN): A pilot study abs# 209

Bena Cartmill
Using an experience-based co-design process to co-create cancer wellness services for patients and their families abs# 244

Bena Cartmill
ScreenIT: Development, validation, implementation, and expansion of a web-based patient-reported outcome screening tool abs# 245

Laura Gilmour
ENRICHing Survivorship – Wellness and wellbeing for the mind, body and soul abs# 208
Lorna Huang
The impact of breast reconstruction surgery decision-making on body image outcomes in women with breast cancer: a qualitative study abs# 246

Bora Kim
The role of generalist community nurses in survivorship cancer care abs# 251

Janelle V Levesque
Content and delivery preferences for an online intervention to support men caring for women with breast cancer abs# 200

Yunhui Liang
Investigating follow up of women with early stage breast cancer abs# 202

Karolina Lisy
Return to work in survivors of human papillomavirus-associated oropharyngeal cancer: An Australian experience abs# 203

Karolina Lisy
What matters most to breast cancer survivors? Development of a patient-reported outcome measure for clinical assessment abs# 204

Fiona Lynch
Fear of cancer recurrence and progression in melanoma survivors on novel therapies abs# 206

Lynette Mackenzie
Cognitive Difficulties for Women after Breast Cancer: Compounding Problems When Trying to Return to Work abs# 201

Lynette Mackenzie
The impact of cancer-related fatigue non-pharmacological interventions on occupational performance and participation in adult cancer survivors: A systematic review. abs# 207

Megan McIntosh
A systematic review of the unmet supportive care needs of men on active surveillance for prostate cancer abs# 247

Sue McKelvie
Canopy TV - An education resource abs# 210

Fiona McRae
Counterpart Peer Support Volunteers - themes of their conversations abs# 211

Greg Millan
Shining a Light on Support for Gay Bi Men with Cancer abs# 212

Jillian Mills
Chinese Cancer Survivors living in Australia: Findings from a Systematic Review and Focus Groups abs# 213

Laura Muir
Free workplace and recruitment advice for people affected by cancer abs# 214
Alexandra Muirhead
Breast Cancer Survivorship: exploring the issues faced by culturally and linguistically diverse (CALD) patients in the survivorship period abs# 215

Sharon Nahm
Fear of Cancer Recurrence in Breast and Colorectal Cancer Survivors abs# 216

Jennifer Nicol
Quality of life in people with blood cancer after participation in a specialised exercise intervention abs# 217

Sophie Nightingale
Walking the boundaries – is the 6-minute walk test achievable in an outpatient breast clinic? abs# 250

Jodie Nixon
Surviving the distress of head and neck cancer: a qualitative study of the experience of distress in the long-term and re-engagement in daily life following treatment abs# 218

Melissa Opozda
Sexual help-seeking by prostate cancer survivors: A longitudinal study of intentions, behaviours, and needs. abs# 219

James Otton
Establishment of a dedicated cardio-oncology service for rapid assessment and management of acute and late cardiovascular conditions abs# 220

Punyavathi Paturi
Setting up a Cardio-oncology clinic at MQ Health- no time to miss a beat abs# 221

Imogen Ramsey
The impact of attrition on longitudinal, patient-reported health-related quality of life among colorectal cancer survivors participating in the PROFILES registry abs# 222

Eli Ristevski
Cultural understandings of care giving in Australian Aboriginal families can help to improve cancer survivorship services and outcomes abs# 223

Chloe Salisbury
Peer support for the 12-month maintenance of exercise and health following a brief exercise training intervention in cancer survivors: Study protocol abs# 224

Saira Sanjida
How many endometrial cancer patients diagnosed with clinical level of anxiety and depression, and how many received psychological treatment during survivorship? abs# 225

Dianne Sheppard
Supporting breast cancer survivors to transition back to sustainable work abs# 226

Gemma Skaczkowski
Supportive care for cancer survivors: Predictors of opinion in the general population abs# 227
Aaron L Sverdlov
Ibrutinib Related Atrial Fibrillation – A Single Centre Australian Experience  abs# 229

Simon Tang
Using Serial cardiac MRI to detect myocardial changes in patients treated with left sided tangential breast radiation  abs# 230

Karen Taylor
Qualitative results of a phase II pilot randomised controlled trial of a lymphoma nurse-led survivorship model of care.  abs# 231

Karen Taylor
Results of a phase II pilot randomised controlled trial of a lymphoma nurse-led survivorship model of care.  abs# 232

Christina Teng
Patient reported peripheral neuropathy in breast cancer survivors following adjuvant therapy  abs# 233

Caroline Terranova
Effects of a weight loss intervention on metabolic syndrome in overweight or obese women following treatment for breast cancer: a randomized controlled trial  abs# 234

Marianne Tome
Development of a unique digital information delivery tool to empower patient-centred health care  abs# 228

Marc Trudeau
Incidence of diagnosis of relapsing cancer, secondary cancers and other serious diseases in a Survivorship Clinic  abs# 235

Jane Turner
Evaluation of a hospital-based weight management program for overweight and obese cancer survivors.  abs# 236

Ida Twist
Bone Marrow Transplant follow up and transition – who should care?  abs# 248

Ida Twist
NQOL-ALL Study – Evaluating the long-term Neurocognitive outcomes and Quality of Life of children with childhood leukaemia undergoing a Bone Marrow Transplant (BMT).  abs# 249

Janette Vardy
Evaluation of Survivorship Care Plans from survivors attending the Sydney Survivorship clinic  abs# 237

Janette Vardy
Longitudinal follow up of medical oncology survivors attending the Sydney Survivorship Centre Clinic  abs# 238

Ngan Vo
Promoting sustainable healthy eating, exercise and weight maintenance strategies through a community integrated model of health promotion and self-management in a regional area  abs# 239
Adam Walker
Tales from shift working mice: The impact of circadian disruption on cancer progression and CNS toxicities abs# 240

Deborah Kirk Walker
Developing a Community Based Nurse Practitioner (NP) led Chronic Disease Survivorship Clinic (CDSC) abs# 241

Thomas Walwyn
Cardiovascular health in asymptomatic, anthracycline-treated survivors of childhood leukaemia: a pilot study. abs# 205

Gregory Webb
Identification of sexuality and sexual health as an unmet need for cancer survivors in South Western Sydney Local Health District (SWSLHD) abs# 242

Verena Wu
"Through wind and rain": Chinese cancer patient and caregiver feedback on WeCope, a self-management resource. abs# 243