

CANCER SURVIVORSHIP

FUTURE OF
CANCER SURVIVORSHIP
EVOLUTION OR REVOLUTION?

28-29 MARCH 2019

Rydges World Square | Pitt St Sydney | NSW 2000

Dear Friends

I am delighted to welcome you to the fourth national Cancer Survivorship Conference.

In 2019 we hope to be thought provoking and a bit provocative as well! And that's why we are focussing on the theme of "Future of Cancer Survivorship: Evolution or Revolution?" The last 20 years have witnessed a significant evolution of the field of survivorship. But is it enough? Are there aspects where a revolution is in the making? We recognise of course that revolutions are not usually designed – they are often spontaneous, arising in response to pressing challenges that cannot be solved in a traditional way – but aren't these just the challenges that cancer survivors grapple with?

So come and be part of the revolution for better cancer survivorship! Join us for the deliberations, contribute to the discussion and help us make this meeting even better than the last one.

We look forward to seeing you in Sydney next March.

Bogda Koczwara AM | Conference Convenor



"I thoroughly enjoyed the conference, keep doing what you're doing!!"

2017 delegate

"The unique aspects such as music therapy section, and chat section about sexual health. I enjoyed all of the content but these sections also spoke to people in general. These sessions are great to remind professionals of the importance of mindfulness and the self." 2017 delegate

"Well done to coordinate all the speakers and participants to provide a very informative conference."

2017 delegate

Invited international speaker

In addition to the expert national speakers featured in the program, we are delighted to have Dr Yousuf Zafar from Duke Cancer Institute in North Carolina, USA join us for the conference.

Dr Zafar is a gastrointestinal medical oncologist and healthcare delivery researcher. He is an Associate Professor of Medicine and Public Policy at the Duke Cancer Institute and Sanford School of Public Policy. Dr Zafar's research explores ways to improve cancer care delivery with a primary focus on improving the affordability of cancer treatment. He approaches this issue from both patient-focused and policy perspectives. He has over 80 publications in top peer-reviewed journals including the New England Journal of Medicine, the Journal of Clinical Oncology, and JAMA Oncology, and his work has been featured in Forbes, New York Times, Wall Street Journal, NPR, and Washington Post.



For more information
please visit www.survivorship2019.org
or call us on (02) 8063 4100



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Program highlights

THURSDAY 28 MARCH 2018

A pacifist's guide to starting a survivorship revolution

The opening plenary will take a broad lens view of the challenges and opportunities of surviving cancer from the individual, professional and societal levels.

Financial toxicity

This session will focus on the Australian and international challenges of financial toxicity and how to address them. We will also look at the disparities in the costs of cancer drugs.

What's app doc? Life in the digital world and disparities

This session will explore the impact of living with cancer in the digital age, the plethora of information online, social media and the introduction of My Health Record.

Carers and families: perspectives from the front line

Carers in this session will discuss the firsthand practicalities, responsibilities and realities of caring for someone across the cancer continuum – work, life, relationships, grief, transitions, and so on.

Wellness and wellbeing for the mind, body and soul!

Presentations in this session will include: Something for the body – tailoring exercise to people who don't wear lycra. Something for the mind and soul, such as art therapy programs. And wellness through connections such as peer support programs – face-to-face and online.

WELCOME RECEPTION

FRIDAY 29 MARCH 2018

Ashleigh Moore Award Oration

The 3Cs of Life: How Cancer, Cardiovascular disease and Co-morbidity collide

Presentations in this session will explore the broad spectrum of cardiovascular disease in cancer survivors, and the emerging field of cardio-oncology. A panel discussion will focus on building awareness of cardiac health amongst patients, carers, primary care and other related health disciplines.

Oh Lord, please don't let me be misunderstood

This session will focus on language and cultural considerations from the perspectives of health professionals and survivors, including the significance of culture and language in the pursuit of person-centred care, and how to navigate the health system when English isn't your first language.

Love and other things: Managing sex expectations after cancer

This session will feature some of the important matters often not spoken about including where to get useful information and resources on some of the "kinky stuff", rekindling sexual communications, and addressing sexual concerns of LGBTIQ cancer survivors.

Communication matters: conquering stigma, marginalisation and fear

The final session aims to highlight the challenges in having conversations with marginalised cancer patients such as children, LGBTIQ patients and people with cancers associated with stigma such as lung cancer in non-smokers.

"Excellently run conference. I really liked hearing from the survivors also. It took courage for them to get up and tell their story."

2017 delegate

"Congratulations on an excellent, informative and relevant conference."

2017 delegate

"It's really the only conference in Oz in which those of us working in cancer survivorship can get quickly up to speed with the work being done across the country as well as networking with those most relevant to this work."

2015 delegate

"This was a great conference, on a really important topic. I hope that we see the conference go from strength to strength!"

2015 delegate

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